
TREADMILL MOUNTS - INSTALLATION INSTRUCTIONS

Proper installation and positioning of front pads is as follows:

- With the treadmill at its lowest position, mark the location on the floor.
- Raise the treadmill to its highest (likely used) height and mark that location on the floor.
- Measure the distance between these two points
- Divide this measurement by 2.
- This new measurement represents the distance the leveling wheel must be in front of the center point in the mount when the mount is being installed on the machine while the machine is at its lowest elevation.
- Treadmill mounts must be in line with the middle of the leveling wheel and straight and in line with the machine.
- Treadmill mounts should be checked daily to see if they have moved or been bumped.

Note: If the full travel was 8” – then while the machine is at its lowest position; the leveling wheel needs to be 4” in front of the middle of the mount.